Medical importance of medicinal plants of Georgia and geographical features

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Anotation

According to the World Health Organization, medicinal plants are the most widely used medicine

system in the world. In many developed countries this knowledge has almost been lost, but interest in

medicinal plants has increased in the last few decades (WHO, 2008).

When used properly, medicinal plants are an important part of a healthy life. Thus, it is important to

use the medicinal plant resource rationally, which is possible through the knowledge of the properties

of these plants, their description and their use conditions.

Ancient sources have reported on the impact of plants on human health. Prior to the development of

medicine and pharmacy, humans only used herbal and animal medicines. Medicinal herbs and phyto

preparations have the essential advantage that a person acquires a complex of related substances, easily

absorbed by the body, rarely causes allergic side effects and has no accumulation ability.

At present, about 30% of existing medicines are made from herbal raw materials. As a source of raw

materials used both of wild and cultivated plants, this has led to the depletion of useful plant resources

in some areas. Medicinal plants constitute almost half of the raw materials needed for the

pharmaceutical industry in our country.

Consequently, deepening the knowledge of various medicinal plants of Georgia will help to expand the

base of natural medicinal products and to develop relevant fields, which in turn will benefit the

population.